

Ken Bladyka's

OKINAWAN KARATE ACADEMY

"Top Quality Instruction in Traditional Karate-Do"

Summer Karate Camps

Week 1 — June 27 - July 1

Week 2 — July 11 - 15

Week 3 — July 25 - 29

All camps run Monday thru Friday, 9:00 - 11:30 AM

OKA's karate camps are geared for fun, fitness, and education as a supplement to our regular program. Training begins each day with warmup and conditioning exercises which build core strength, flexibility, balance, and coordination. With multiple instructors, we customize the technical content of the classes as much as possible to meet the needs of each child. Students will work on the material they need to advance toward their next belt ranking, and they can also learn an advanced kata or weapon from above their rank requirements. Last year, many students - even beginners - were able to learn the complete requirements for their next belt during the week. Of course, each day closes with the fun & creative dojo games that kids love.

As always at OKA, traditional principles of courtesy, humility, and respect are strongly emphasized. There is no karate experience necessary for the karate camp.

Pre-registered tuition is \$150 per child, which includes a karate camp t-shirt. Last minute registration is \$180 (and we can't guarantee the t-shirt...) Additional family members qualify for a 20% tuition discount. If you can't commit to a full week, ask about prorated (partial week) enrollment. For more information, or to enroll, please call OKA at 603-448-2662 or e-mail <sensei@okadojo.com>.

Thank you!!!



Pre-Registration Deadlines:

Camp #1 — June 23

Camp #2 — July 7

Camp #3 — July 21

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