

OKINAWAN KARATE ACADEMY

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:45	Black Belts 11:45 AM – 12:30 PM		Black Belts 11:45 AM – 12:30 PM			9:00 Junior 9:00 – 9:30 AM
12:30	Adult All Ranks 12:30 – 1:30 PM		Adult All Ranks 12:30 – 1:30 PM		Adult All Ranks Open Training 11:45 – 1:30 PM	9:30 Little Tigers 9:15 – 9:45 AM
1:30						10:15 Little Tigers 10 – 10:30 AM
3:30	Junior 3:30 – 4:00 PM	Junior 3:30 – 4:00 PM	Junior 3:30 – 4:00 PM	Junior 3:30 – 4:00 PM	3:30	11:00 Adult All Ranks 11:00 AM – 12 NOON
4:00	Super Junior WHI, ORG, YEL/WHI 4:00 – 4:45 PM	Super Junior GRN, PUR, BRN 4:00 – 4:45 PM	Super Junior WHI, ORG, YEL/WHI 4:00 – 4:45 PM	Super Junior GRN, PUR, BRN 4:00 – 4:45 PM	4:00	12:00 Black Belts 12 NOON – 12:30 PM
4:45	Super Junior YEL, BLU, GRN/WHI 4:45 – 5:30 PM	Super Junior Black Belt 4:45 – 5:30 PM	Super Junior YEL, BLU, GRN/WHI 4:45 – 5:30 PM	Super Junior Black Belt 4:45 – 5:30 PM	4:45	
5:30	Super Junior GRN, PUR, BRN 5:30 – 6:15 PM	Junior 5:30 – 6:00 PM	Super Junior GRN, PUR, BRN 5:30 – 6:15 PM	Junior 5:30 – 6:00 PM	5:30	
6:15	Super Junior Black Belt 6:15 – 7:00 PM	Super Junior WHI, ORG, YEL, BLU, GRN/WHI 6:15 – 7:00 PM	Super Junior Black Belt 6:15 – 7:00 PM	Super Junior WHI, ORG, YEL, BLU, GRN/WHI 6:15 – 7:00 PM	6:15	
7:00	Adult All Ranks 7:00 – 8:00 PM	Adult All Ranks 7:00 – 8:00 PM		Adult All Ranks 7:00 – 8:00 PM	7:00	
8:00	Black Belts 8:00 – 8:30 PM	Black Belts 8:00 – 8:30 PM		Black Belts 8:00 – 8:30 PM	8:00	
8:30					8:30	

SUGGESTED AGE GROUPS

Little Tigers..... Ages 3 – 4
 Juniors Ages 5 – 7
 Super Juniors..... Ages 7 – 14
 Teens / Adults Ages 13 – Up



Check for weekly class times & special events at: okadojo.com

January 2012